



ANERA DHAM

Welcome to ANERA DHAM



“

DIFFERENT, NOT LESS
- stand for autism with empathy,
action, and open hearts

”



ANERADHAM



A unique place of
LOVE, CARE, FOOD, AND SHELTER
for individuals with autism.



Autism is a lifelong journey — and we are proud
to be part of that journey for our loved ones.



Having a child diagnosed with autism
can be overwhelming and challenging.





Anera is located at Sonwada, near Valsad, in the state of Gujarat, India. It is conveniently situated on the Mumbai–Delhi NH-48, just 2.2 km from the highway junction, offering a peaceful and quiet place to live.

At Anera, we support our loved ones in achieving personal growth and active community involvement. Each individual follows a customized program that encourages social interaction, engagement, and personal development. We ensure each person’s interests and strengths are carefully reviewed and nurtured in a supportive environment for skill development and meaningful participation.

Our residents enjoy family-style living and activities. They engage in recreation and receive training in essential household tasks such as laundry, cooking, and housekeeping. They also receive 24/7 support from our dedicated staff for medical needs and daily hygiene. Residents eat meals together, participate in group recreational activities, and attend community-based events — because **that’s what turns a house into a home.**



Autism Therapy Service Offerings

We use a combination of treatment programs to help individuals communicate, develop life skills, and manage emotions. These programs support greater independence and confidence.



ABA (Applied Behavior Analysis) Therapy



Speech and Occupational Therapy



Educational Enrichment



Social Skills Development



Life Skills Training



Parent Training

Additional Activities Include:

- Daily prayer gatherings
- Chanting and meditation
- Daily physical exercises and activities
- Functional communication training
- Recreational therapy
- Medication management
- Nature walks
- Yard work



Key to Successful Living

Autistic adults benefit greatly from **structure and predictability**. They thrive in environments that reduce anxiety and support smooth transitions. Key elements for success include clear routines, consistent support, and opportunities for expression and growth.



Visual Arts

The Inspired Activity Center at Anera offers a diverse range of visual arts to foster creativity, encourage self-expression, and promote inclusion.

Our visual arts offerings include:

- Painting
- Paper craft
- Candle making
- Incense making
- Clay pottery

Our Performing Arts program allows participants to express themselves through movement, sound, and imagination. Whether it's singing, dancing, or acting, this space is designed to awaken creative potential.

- Inspired singing
- Music therapy
- Concert performances



Performing Arts



Sports & Fitness

We keep participants energized through engaging physical activities that support both physical and mental wellness.

- Yoga & Chair Yoga
- Walking Club
- Cardio Drumming
- Cricket
- Basketball
- Volleyball



Supported Employment

We believe every individual deserves the opportunity to contribute to their community. Our Supported Employment Services help residents develop skills, build self-confidence, and pursue financial independence through meaningful work.



Support from the Community

YOUR DONATION MAKES A DIFFERENCE!

By giving a little, you help a lot.

Bhagavad Gita: Chapter 17, Verse 20

दातव्यमिति यद्दानं दीयतेऽनुकारिणे ।
देशे काले च पात्रे च तद्दानं सात्त्विकं स्मृतम् ॥

"Charity given to a worthy person, at the proper time and place, simply because it is right — without expecting anything in return — is considered to be in the mode of goodness."

You can contribute towards construction or daily operations, sponsor an autistic person for specific days, name a unit, or have your name plate displayed on a room, kitchen, or gym. Please call us for more details.

Living Facility



Our 12,000 sq. ft. hostel building is designed for 48 residents. Each room houses two occupants (or one, on request) and includes private balconies and bathrooms. Adjoining rooms are connected via a common passage, allowing residents to mingle during leisure time. Each room is equipped with air conditioning, fans, proper lighting, and abundant natural daylight.

Dining at ANERA



Our pure vegetarian menu is specially designed by certified dieticians and nutritionists to offer **nutritious, detoxifying, and balanced meals**. Each day brings new joy into the lives of our residents. We serve every meal with prayers and offerings, promoting self-discipline and service before self. The dining hall reflects the belief: **"What you eat is what you become."** All meals support holistic growth while preserving taste. Our kitchen is hygienic, modern, and professionally managed.



The way we started our Dream



Know more about Anera:

Founders of Anera :



Late Chhaganlal U. Kataria



Deviben C. Kataria
(Surat)



Dipak C. Kataria



Hema D. Kataria



More Details

Trustees:

1. Laxmanbhai C. Chauhan - Gandeva, Dist. Navsari
2. Rameshbhai H. Panwala - Surat
3. Roshan V. Shah - Ahmedabad
4. Dr.Dhramesh R. Parekh -Umargaon, Dist. Valsad
5. Raxa Ben (or Neha) Nitinbhai Kataria - Surat
6. Dharmesh R. Chauhan - Bharuch

Advising Committee:

1. Saradbhai M. Desai (Helping Hand - Pardi)
2. Yogesh K. Vansia - Mumbai
3. Ashok N. Rohit - Canada
4. Umesh F. Solanki - Luswada, Billimora
5. Nitin C. Kataria - Surat
6. Sagar D. Kataria - USA

TRUST INFORMATION:

Name of Trust : Anera Charitable Trust
Regn. Office : CHARITY COMMISSIONER, VALSAD,GUJARAT
Regn. No. : E/3054/VALSAD
PAN Number : AAJTA8267A
80G Income tax : Under Process
Form No. 10 AC : Under process
NGO Darpan Regn. : GJ/2025/0530784
F.C.R.A. Regn. No. : Under Process
CSR No. : Under process

BANK ACCOUNT DETAIL :

HDFC Bank
Address : Near Ankur Printers , Link Road, Dungari, 396375 Gujarat
Account No : 50200080345920
Account Name : Anera Charitable Trust
IFSC Code : HDFC0003338

ANERA DHAM

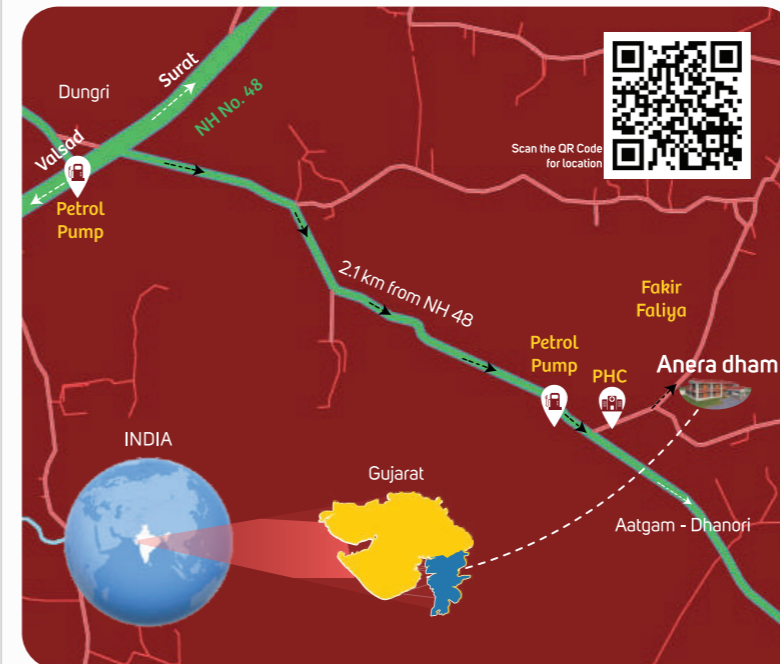
Fakira Faliya, Sonwada
Tal./ Dist.: Valsad
Gujarat, India - 396375

+91 99 79 118 119

anera0307@gmail.com

www.aneradham.org

Aneradham



ADMISSION PROCESS :

We understand that a transition to out-of-home care represents an enormous decision for caregivers, families and guardians. To assist in this process and help determine if placement is the best option, we use a comprehensive intake process that includes:

- We conduct a thorough review of all referral information.
- Families are invited to tour our facility.
- Our clinical team will travel to interview the child and parents/guardian, as well as observe the child at home and in school.
- We create an individualized transition plan to support the child and family.
- Families are introduced to our Parent Network.

THE FIRST 30 DAYS :

Comprehensive assessments of the student's behaviours, mental health, language, learning and functional living skills are conducted to gain insight into the client's needs and strengths. Medication review and management by psychiatry team begins. Information and data from both formal testing and observation is analysed by the treatment team and used in the development of the child's individual treatment plan.